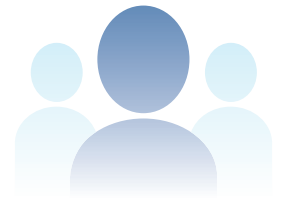




The League of Friends

OF THE ROYAL SHREWSBURY HOSPITAL



NEWSLETTER Spring/Summer 2024

Dear Member,

I'm so lucky that my job brings me in contact with so many wonderful and kindhearted people, who not only give their time generously helping and thinking of others but bring a friendly smile to everyone they meet. It is for this very reason we can continue as a charity to provide the funding for not just the essential pieces of equipment, but the latest technology which helps to attract the best of today's young consultants, Nurses, and clinical support staff.

Our four shops located around the Royal Shrewsbury Hospital are the League of Friends frontline, I can never give enough praise to all our staff and volunteers who keep our shops running to provide a much-needed service for all its customers. All profits from shop sales are put towards funding equipment which makes our hospital shops a vital and most important part of our charity. So next time you happen to be calling into one of the Friends' shops you can feel assured that your purchase is helping in some small way.

Our Fundraising team as always are busy planning a variety of events for the coming months; a new one for this summer is a charity Golf Day on the 19th June, please see 'Diary of Events' for full details. We are very lucky indeed to have this marvellous group of vibrant ladies all giving their time 'freely' and bringing their creative ideas and incredible talents together to help boost our funds.

We are truly grateful to everyone who supports us, whether it be visiting one of our four hospital shops, attending one of our many fundraising events held throughout the year, or from the many kind and generous donations and legacies we receive throughout the year.

"Here's to another successful 2024, have a wonderful summer everyone".

Yours sincerely,

Susan

Susan Hurdiss, Organising Secretary

Did you know?

During 2022 & 2023 The League of Friends gifted £518,651.68 of equipment to the Hospital:-

- £196,000 for Ventilators for the Intensive Therapy Unit
- £178,000 for Wide Field Analyser to the Ophthalmology Unit & Cataract services
- £11,976 for Air Filters to help prevent the spread of infection in hospital wards
- £9,282 Monitors for Day Surgery cases
- £16,054 Radiotherapy AI software needed for the treatment of patients suffering with cancer
- £7,059 Equipment for the Mammography Suite
- £78,326 Nasal Navigation system for reconstructive surgery in ENT
- £3,363 Vein Sight for younger patients
- £3,558 Physiotherapy equipment
- £5,133.68 Vestibular Goggles for Physiotherapy
- £9,900 Syringe Drivers for Device Library



Lead Consultant Tom Saunders said "The Stryker intraoperative sinus navigation system provided by the League of Friends has allowed us to progress our sinus surgery service to levels far beyond anything SaTH has been able to provide before. We are now able to offer complex Sinonasal operations locally rather than sending the patients out to the regional tertiary surgical centres. It has also already proved an invaluable training tool for future surgeons to enhance their understanding of advanced surgical anatomy and techniques. So far dozens of patients have benefited and we hope to provide the same service to hundreds more over the coming years".

The League of Friends Fundraising Office
Royal Shrewsbury Hospital North, Shrewsbury SY3 8XQ
T: (01743) 261007

The League of Friends Shop Office
T: (01743) 261008

Email: s.hurdiss@nhs.net
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The LoF bought four of the reclining chairs and SaTH Charity purchased two. Previously patients were being seated on standard chairs in the discharge lounge whilst waiting for medication, letters and transport. - Staff working on the discharge lounge contacted the LoF to ask for support after recognising that they could significantly improve patient experience and care by providing reclining chairs. The chairs are now in place and give patients the opportunity to relax more fully whilst they wait for the discharge process to be completed.

Renata Karmazina, a Sister on the Discharge Lounge said: "In the last few weeks of patients using the new chairs we have had lots of positive comments, particularly from patients who have used our service in the past. "These patients have said how much difference the reclining chairs have made to their comfort in the hours waiting for medication, letters and transport to arrive."

Deborah Jones from the League of Friends Executive Committee said: "The LoF is delighted to work alongside SaTH Charity to be able to help the staff in the discharge lounge to provide a more comfortable experience for their patients by purchasing four reclining chairs and a bank of lockers for their personal belongings."

Julia Clarke, Director of Public Participation, said: "Working closely with our colleagues in the LoF to jointly respond to requests from areas to improve patient care and experience means we can have a greater impact. I look forward to working with them again on future projects that enhance patient experience and care as this is a goal, we both share."



Patient Angela Jenkins with Staff Nurse Amelia Slocombe. (Using one of eight ventilators the Friends gifted to ITU).

Looking back to Fundraising Events held during 2023

The Quiz Night held at Radbrook Community Centre in October raised £1,515.83



Some of our wonderful Shop staff/volunteers



Marlene Walker, Peter Crinson, Pene Parker



Tony Plenty, Marlene Tavernor, Simon Gosling



20 people attended the opening preview night to showcase the beautiful artwork of Artist Penny Timmins. The evening raised £2,730 for the League of Friends.

Ian Tay, Fundraising Chairman Sue Skinner and Artist Penny.



Committee members – Alex, Carol, Sue, Alison & Jane.



Fundraising committee member Sue Hinks organised a festive canapes' demonstration in her beautiful home and raised £600.

Tricia Wells gives Sue a helping hand with plenty of fun and laughter thrown in.



Dates for your diary:

Saturday 13th April

Midland Hill Climb at Loton Park.
League of Friends Stall selling homemade cakes

Wednesday 22nd May, 10.30am

Berrington Branch Coffee Morning, hosted by Mr & Mrs Roger Owen, Brookside, Dorrington, SY5 7JH

Thursday 23rd May, 2 – 5pm

Garden walk and afternoon tea hosted by Kate Hazan, Marche Manor, Halfway House, SY5 9DE
Entrance £10.00 to include refreshments.

Thursday 6th June, 10.00 – 12.00

Coffee Morning hosted by Sue Roberts. The White House, Pecknall Lane, Halfway House, SY5 9DT

Friday 14th June

'Fizz & Flowers' hosted by Rachel & Richard Harris. Castle Gates House, Castle Gates, Shrewsbury, SY1 2AT

Wednesday 19th June

Golf Day at Mile End Golf Club

Thursday 5th September

Annual Ladies Doubles Tennis Tournament
At Town Walls & Shrewsbury Tennis clubs.

Friday 25th October

Quiz Night at Radbrook Community Centre, Shrewsbury.

Saturday 2nd November

Bridge afternoon with lunch
Mereside Hall, Shrewsbury.
For more details email rose-crocker@hotmail.co.uk

Monday 11th December

Christmas wreath making hosted by Jo Spencer Jones. Two sessions: 9.30 – 12.00 & 1.00 – 4.00pm

*For further information on these events, please contact:
Friends Office: 01743 261007 or email:
s.hurdiss@nhs.net*



*Sohie Baker, Jackie Winwood,
Sue Rees, Stella Challinor*

Jackie Winwood is stepping down as Shops Chairman but will continue as a much-valued Executive Committee member, Trustee and as a volunteer helping in the Friends Hospital shops.

Jackie looks back to when she was first introduced to the League of Friends:

"Following retirement from the Royal National Institute for the Blind working at Condover Hall School I was encouraged to get involved in the LoFs having volunteered for them at the Flower Show for a couple of years. I joined in 2005 working as a volunteer in the shops which I thoroughly enjoyed, and still do. After a few years I was invited to join the Shop Committee which led to a role on the main Executive Board, and in May 2021 became the Shops Chairman. My period of office as Chair finishes in June of this year. I have thoroughly enjoyed my volunteering, made many friends, enjoyed a lot of laughter and hope to continue doing so".

Leaving a gift in your Will or leaving a donation in memory of a loved one will make a lasting difference

*By making provision for the League of Friends RSH in your Will, you would be providing a lasting gift for future generations. Every sum, no matter how small, is welcomed and spent entirely on providing vital hospital equipment to improve patient care and help save more lives.
Thank you very much indeed for your support.*



DRAW TICKETS

Enclosed is a book of 10 raffle tickets which you can purchase yourself, or sell to family and friends. Tickets are just £1 each (£10 for the book) sold/unsold tickets should be returned to the Friends office **by 9.00 am on Thursday 22nd August** to ensure entry into the draw. **For extra tickets contact the office 01743 261007.**



WE NEED VOLUNTEERS



We are looking for volunteers aged 16 upwards to help in our shops within the Royal Shrewsbury Hospital. Volunteering with us is a great way to meet like minded people, add life skills, build your social confidence and can also boost your CV.

Shifts start at just 2 hours a week and we work around your availability.

How to contact us...

Email: lee.herkes@nhs.net
Telephone: 01743 261 008
Website: www.rshlof.org.uk



The Queen's Award
for Voluntary Service