



The League of Friends

OF THE ROYAL SHREWSBURY HOSPITAL

Newsletter Spring/Summer 2023

Dear Member,

With so much going on in the world it is sometimes quite hard to not feel overwhelmed, yet by so many of us just doing a little, whatever it may be, can mean the world to someone. I feel all our volunteers and supporters like yourself are doing just that; whether it may be giving a little spare time to help in one of our shops, attending one of our fundraising events or using your baking or gardening skills to provide items to help raise extra funds. All of us together are making a 'big' difference.

The Fundraising Committee as always have been busy planning a variety of events for the forthcoming months, please see 'Dates for your Diary' for full details. We feel very lucky indeed to have such a marvellous and talented team of ladies, who work hard organising events throughout the year, which not only boosts the Friends funds but also highlights the work we do. Last year they raised over £18,000, which was used to fund important and much needed equipment for the hospital.

Both Berrington and Whitchurch branches have also been very busy holding their own fundraising events in their local communities and they continue to be a very much-valued part of our organisation.

Our four hospital shops continue to provide an amazing service to staff, patients and visitors as they have for the last 50+ years. They are manned by our wonderful volunteers, both young and some of us not so young, serving sandwiches, drinks, hot food etc with a cheery smile. We are always looking for extra volunteers, if you are interested in joining us please give our Shop Manager Lee or his Assistant Lynn a call as they would love to hear from you. (01743 261008).

Since 2018 the League of Friends RSH has gifted £2.3 million to the Hospital Trust, most recently we have approved a joint funding project with Lingen Davies to provide some unique software to help improve the treatment for patients suffering with cancer.

I wish you all a wonderful Easter and summer and hope to see you at one of events in the coming months.

Yours sincerely

Susan

Susan Hurdiss, Organising Secretary

Equipment gifted to the Hospital Trust during 2022:-

Widefield camera for Ophthalmology	£88,255.00
Pro goggles for the Vestibular Service	£3,045.00
Communication aids for Frailty Clinic	£200.63
8 Ventilators for the Critical Care Unit	£196,867.00
Air purifying Filter systems	£11,976.00
Monitors for Day Cases	£9,281.31
Arrhythmia Monitors	£990.00

Fundraising member Jo Spencer Jones hosted a day of Wreath making, there was plenty of fun and laughter all washed down with some hot mulled wine and home baked mincepies.

"Getting into the Festive Spirit" is Lucy Walker with her Mum.



The League of Friends Fundraising Office
Royal Shrewsbury Hospital North, Shrewsbury SY3 8XQ
T: (01743) 261007

The League of Friends Shop Office
T: (01743) 261008

Email: s.hurdiss@nhs.net
www.rshlof.org.uk



Funding from the League of Friends paid for four Air Filters for the Royal Shrewsbury Hospital, the portable air purification systems were introduced to improve air quality and maintain patient safety by preventing further outbreaks of COVID-19 and other respiratory infections. Friends Chairman Richard Steventon made the presentation to Hayley Flavell, Director of Nursing and Janette Pritchard, Lead Nurse for Infection Prevention and Control. Hayley expressed her thanks for this generous donation; the portable filters will make such a difference to patients in our care and have shown that they can reduce the number of COVID-19 cases. Richard said "The Friends of RSH are pleased to have funded these air infection filters which are already in full use. They improve air quality, prevent outbreaks of viruses, reduce and dilute potential infections following an aerosol-generating procedure making the environment safer for patients. Many thanks to all those who have contributed to our funds with donations, volunteering support in our shops and supporting our fundraising events."



"The Ophthalmology Dept would like to thank RSH League of Friends for the significant financial contribution they have made to the department's equipment and facilities. The significant contributions have enabled the Ophthalmology department to purchase the Optos Wide Field camera" (pictured here).

Pictured from Left to Right: Emma Goddard (Junior Assistant Operations Manager for Ophthalmology), Devaki Nayak (Medical Retina Consultant for Ophthalmology), Dana Ahnood (Medical Retina Consultant).

The Christmas Coffee morning held on the 12th December was well supported with a wonderful selection of festive stalls. Dame of the 'Beauty & the Beast' pantomime Brad Fitt brought plenty of fun and laughter to the morning. £2,250 was raised and thank you to everyone who came along on such a cold wintery day to support us, special thanks to Prestfelde School for the use of their school hall to host our event.

Dame Brad Fitt with Fundraising committee members Alison Holroyd and Jane Preece drawing the four winning tickets from the drum in the Friends Christmas Draw.



Dates for your diary:-

- **Wednesday 17th May 10.30 -12.30:**
Coffee Morning – Hosted by Sally Owen
Brookside, Dorrington, Shrewsbury, SY5 7JH
- **Thursday 25th May 10.30 – 12.30:**
Coffee Morning By kind permission of Lyn Nicklin
17 Radbrook Road, Shrewsbury, SY3 9BD Admission £5
with welcome coffee & biscuits. Stalls: Homemade
produce, plants & books
- **Friday 16th June 7.00 pm:**
'Fizz & Flowers' with wine & canapes By kind
permission of Mr & Mrs James Tanner Church Preen
Manor, SY6 7LQ
- **Sunday 18th June 11.30-3.00pm:**
NGS Open Garden Hosted by Geoff Cobley
Cruckfield House, Shoothill, Ford, SY5 9NR Afternoon
tea & cakes prepared and served by members of the
Fundraising committee.
- **Tuesday 27th June 10.30 -12.30:**
Coffee Morning By kind permission of Kevin & Joy Fox
Upper Shadymoor Farm, Stapleton, SY5 7AL Admission
£5 with welcome coffee & biscuits. Variety of stalls to
browse.
- **Wednesday 26th July 10.30-12.30:**
Coffee Morning By kind permission of Mr & Mrs Peter
& Susan Draper Forton West Farm, Montford Bridge,
SY4 1ES Admission £5 with welcome coffee & biscuits.
Stalls: Homemade produce, plants & books
- **Fri/Sat 11th/12th August:**
Shrewsbury Flower Show - Plant Creche Leave your
plant purchases at the creche situated behind the
Quarry marquee (for a small donation)
- **Thursday 7th Sept**
Ladies' Doubles Tennis Tournament Shrewsbury
Lawn & Town Walls Tennis clubs.

*For further information on these events, please contact:
Friends office: 01743 261007 or email: s.hurdiss@nhs.net*

Shop Manager Lee Herkes said "It is incredible to finally see our shops starting to return to almost pre-pandemic levels, our staff and volunteers have worked tirelessly over the last 3 years and their efforts have been amazing. Hearing from patients about how they are so grateful for the equipment we have donated to the hospital makes me so proud to be a member of The League of Friends."



Shop Volunteers Jo & Ffion.



Ellie & Alison.



Charmian Smithers with her beautiful hand-painted cards.

All proceeds from sales Charmian donates to the Friends, we are very grateful for her kindness and generosity which spans many years.

Leaving a gift in your Will or leaving a donation in memory of a loved will make a lasting difference

By making provision for the League of Friends RSH in your Will, you would be providing a lasting gift for future generations. Every sum, no matter how small, is welcomed and spent entirely on providing vital hospital equipment to improve patient care and help save more lives. Thank you very much indeed for your support.



DRAW TICKETS:

Enclosed is a book of 10 raffle tickets which you can purchase yourself, or sell to family and friends. Tickets are just £1 each (£10 for the book) sold/unsold tickets should be returned to the Friends office **by 9.00 am on 16th August** to ensure entry into the draw. **For extra tickets contact the office 01743 261007.**



wace
morgan

SOLICITORS

Providing a wide range of legal services...

to our clients across Shropshire and Mid Wales

Our team of dedicated lawyers provide expert advice across a broad spectrum of legal services.

- Residential Conveyancing
- Divorce, Separation & Finances
- Family Arbitration
- Child Care Proceedings
- Domestic Violence
- Litigation/Dispute Resolution
- Personal Injury
- Employment
- Wills, Trusts, Tax Planning & Probate
- Powers of Attorney
- Court of Protection
- Elderly Client & Care Funding

To speak to one of our experts get in touch today.

Shrewsbury

01743 280 100

Newtown

01686 806 500

You can also email our team:
help@wmlaw.co.uk

We also operate a 24 hour domestic violence helpline.

If you need help please call our trauma line on:
07823 777 774