

The League of Friends





Newsletter Spring/Summer 2022

Dear Member,

A new season has sprung and despite all that is happening in other parts of the world one thing remains constant, as a charity we continue to give as much support as we can to our local hospital, which in turn is helping so many people.

As the days grow longer our Fundraising Committee have planned some marvellous outdoor events (see 'diary of events' for details), including an array of coffee mornings and garden parties. Last year they raised £17,000, an incredible achievement especially considering the circumstances. The money was used for the purchase of ten ambulatory syringe pumps and Lifecard ECG recorders for the Cardio Unit.

All four Friends shops are now open and it is wonderful to see the return of familiar faces as well as welcoming new ones.

I wish you all a lovely Easter and summer and hope to see some of you at our upcoming events. Many thanks for your continued support and kindness it is so very much appreciated.

Best wishes

Susan

Susan Hurdiss, Organising Secretary

Message from our Executive Chairman Richard Steventon: "Now we are moving well towards Springtime and warmer temperatures, I personally hope that the COVID situation continues to improve and the LoF can increase its ability to raise more funds for Medical Equipment. All Charities have had challenging times and we have been no different. So best wishes to all and sincerely hope that life improves despite the current World troubles."

Jill Wellings started as a volunteer during her training as a nurse and then joined the RSH League of Friends when it formed in 1966. She has seen many changes over the years and has loved her time as volunteer, even abseiling off the top of the hospital building to raise funds. Jill was also a member of the Shop Committee and with her nursing background proved to be a very valued member of the team. Jill said, "In the early days fundraising was about providing items such as bedding, TVs for the Wards, but now the Friends are raising much larger amounts, such as £1million for a MRI scanner, it puts it in perspective how things have changed. I have got a great deal of satisfaction out of volunteering and made lots of friends. It has been a continuation of being a nurse and wanting to care and recommend volunteering to anybody who has a few hours to spare."



Friends volunteer Jill retired after nearly six decades - Chair of the RSH LoF Richard Steventon & Julia Clarke, Director of Public Participation at SaTH presented Jill with a long service award and an engraved gift.



Tina Jordan was presented with an engraved vase in appreciation of her 3 year term as Chair of the Shop Committee; her duties have been difficult during the challenging COVID epidemic, and we are delighted in the way that she has enabled the Shops to maintain their viability. A credit to her enthusiasm and dedication. She will continue as a valued member of the Shop committee.





The new equipment has already been used for the initial scans of 1,223 men and nine of those have been found to have AAAs. It has also been used for follow-up scans on those men who continue to have the growth rate monitored. It is the second time the AAA Team has been able to buy two new portable ultrasound scanners thanks to the generosity of LoF.

"We truly appreciate the continued support and partnership with the League of Friends who have helped us maintain our service, not only by providing us with equipment, but also brave volunteers maintaining shops in the hospitals. Provide us with coffee and treats to keep us going! Everyone's hard work and dedication in such tough times makes facing challenges together much less daunting for us all." - Jess Smith, AAA Programme Coordinator.

The League of Friends Shrewsbury Hospital has provided £34,000 for the two scanners for the service which is provided by The Shrewsbury and Telford Hospital Trust and National Abdominal Aortic Aneurysm Screening Team.

Lyn Hawes, Shops Supervisor for the League of Friends has been growing her hair long for some time to be able to have it cut short to donate to the 'Little Princess Cancer Trust', who turn the donated hair into wigs for children and teenagers who have sadly lost their hair through treatment. Lynn is also raising money through sponsorship for the League of Friends.



Lyn Hawes, Shop Supervisor for the League of Friends has been growing her hair. **Shops Manager Lee** Herkes said, "Despite the relaxation of **COVID** restrictions elsewhere in retail we are continuing to follow strict quidelines to make sure our staff and customers are as safe as possible. Thankfully, with the help of the staff and volunteers currently working in and around the shops, we are continuing to slowly grow and provide service with a smile."



Just a few of our wonderful Shop volunteers Phil Wells, Gillian Keates, Rosie MacKune and Les Jones who are helping to keep our shops running.

Jennifer Gough retired from the Friends Fundraising group having served as a valued member of the committee for over 15 years, before joining the Friends she helped in the shops and on the trolley service with her husband Len. She was presented with a beautiful gift with a special inscription.



The Whitchurch Branch held a coffee morning on the 3rd December and raised £477 which was well received considering the Covid restrictions. Shropshire Radio called in to see them and the Chairman of the branch Thelma Wynn gave a short interview, which also provided the opportunity to express thanks to everyone in the local community for all their support and generosity.



Dates for your diary:-

- Thurs 28th April 10.00 12.30: Coffee Morning at Marche Manor, Halfway House, SY5 9DE. Many thanks to Carmel & Kate Hazan.
- Wed 11th May 10.30 12.30:
 Berrington Branch Coffee Morning at Wroxeter & Uppinton Cricket Club.
- Thurs 19th May 11.30 3.00: Ploughman's Lunch & Plant stall £15.00. Winsley Hall, Westbury SY5 9HB.
- Fri 10th June 7.00 9.00pm: Fizz & Flowers Entrance £15.00 at The Old parsonage, Little Ness SY4 2LG. Many thanks to David & Monica Nunn
- Wed 13th July 10.00 -12.30: Coffee morning at Edge Villa SY5 9PY. Many thanks to Bill & Chris Neil.

- Fri 29th July 2.00 5.00pm: £5.00 - Delicious cream tea and lovely gardens to explore at Manor House, Little Stretton, SY6 6RE. Many thanks to Charmaine Smithers.
- Thurs 8th Sept:
 Annual Ladies doubles tennis tournament, Shrewsbury
 & Town Walls Tennis Clubs.
- Thurs 22nd Sept 10.00 12.30:
 Coffee morning at The White House, Pecknall Lane, Halfway House SY5 9DT. Thank you to David & Sue Roberts

For the latest updates contact
Sue Hurdiss at the Friends office: 01743 261007
s.hurdiss@nhs.net or look on our website
www.rshlof.org.uk

Fancy hosting your own coffee morning? If you are then please contact the Friends office for an information pack.



Christmas Wreath Making galore as everyone gets into the festive spirit.

Berrington branch held two successful workshops on the 29th November, after lots of fun and laughter everyone went home with beautiful wreaths due to the expert tuition and patience of Charlotte Downes.



Branch member Judy Dixon with a few of her friends.



Florist Liz Dawson with Jo Spencer Jones.

On the 2nd December Jo Spencer Jones hosted similar events at her beautiful home in Shrawardine, florist Liz Dawson provided her professional skills so that everyone went home with Christmas wreaths to be proud of.

The events in total raised £1,350, a marvellous achievement and special thanks to Charlotte and Liz for giving their time and expertise freely and to everyone for their support, kindness and generosity.

Leaving a gift in your Will or leaving a donation in memory of a loved will make a lasting difference

By making provision for the League of Friends RSH in your Will, you would be providing a lasting gift for future generations. Every sum, no matter how small, is welcomed and spent entirely on providing vital hospital equipment to improve patient care and help save more lives. Thank you very much indeed for your support.



DRAW TICKETS:

Enclosed is a book of 10 raffle tickets which you can purchase yourself, or sell to family and friends. Tickets are just £1 each (£10 for the book) sold/unsold tickets should be returned to the Friends office by 10.00 am on Wednesday 18th August to ensure entry into the draw. For extra tickets contact the office 01743 261007.



Whatever the season...

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For legal advice contact Wace Morgan Solicitors

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